

Course Overview



Course Information

Code: PHG-513

Title: Nutraceuticals and Dietary Supplements

Cr hr: 3+0

Level: 10

Program: PharmD

Co-requisites: None

Prerequisites: PHL-435, CPH-556

Course Description

This course is intended to give basic knowledge about the nutraceuticals and dietary supplements, including their history, scope and future prospective. It gives detailed knowledge about various nutraceuticals available in the market which are reported to have therapeutic effect in many ailments affecting different systems in the human body such as the cardiovascular, the central nervous, and the respiratory systems. The course also describes the different nutraceuticals and dietary supplements available for bone, eye and oral health, as well as weight management and cancer prevention.

Topics

- Introduction
- Joint Health
- Cardiovascular Health
- Cancer prevention
- Women's health
- Weight management
- Mental health
- Respiratory Health
- Oral Health
- Miscellaneous nutraceuticals